

Wellness Workshop for Cancer Patients and Survivors

BERMUDA CANCER AND HEALTH CENTRE

FRI, FEB 10 2017 OR WED, FEB 15 2017

TIME: 5:00PM - 8:00PM

This workshop is free of charge and open to all cancer patients and survivors.

Topics that will be covered:

**Support Needs
Positive Thinking
Boosting Energy Levels**

Facilitator: Nina London, MA, Certified Wellness and Weight Management Coach and Cancer Survivor

For more information please call Nina at 518-1633

wellness



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